

# **CURRICULUM VITAE**

## **TRIPURA KASHYAP**

**PIONEER MOVEMENT THERAPIST (1990, INDIA) / DANCE EDUCATOR / AUTHOR / CHOREOGRAPHER / PERFORMER**

**DATE OF BIRTH:** 14.08.1963

### **ACADEMIC QUALIFICATIONS:**

B.A English Literature. University of Madras, Chennai, 1984-86.

MA Psychology. Annamalai University, Chidambaram, 1994-96.

Diploma in Buddhist Philosophy, Nalanda Philosophy Studies International / Tibet house, Delhi. 2024

### **PROFESSIONAL TRAINING:**

Graduation 1<sup>st</sup> class: Bharatanatyam, Kalakshetra, Chennai, 1980-84.

Specialization in 'Dance / Movement Therapy' - Hancock Center for Creative Arts Therapies, Wisconsin, U.S.A. January 1988 - December 1989.

Yoga / Kalaripayattu - Skills cultural center, Chennai, 1987-93.

Contemporary Dance / Mayurbhanj Chhau. Alliance Francaise 1995

Jazz Ballet / Composition / Modern Dance & Dance Theatre. American Dance Festival's 6-week Choreographers Residency, North Carolina, U.S.A, 1997.

Contemporary dance choreography @ Facets Choreography-Laboratory, Bangalore, 2002.

Up-skilling program: Supervision for Creative Art Therapists. Arts Therapists Co-lab, New Delhi, 2023

### **POSITIONS HELD:**

Performer, Chandralekha dance company, Chennai. 1985-1992.

Founder Director, Apoorva Dance Theatre, Bengaluru, 1994-2000

Creative Consultant, Dance-in-Education program. Attakkalari, Bengaluru, 2001 - 2005.

Project coordinator, 'Chaali - Highway Performance Circuits in South-India' conceived by BharatSharma. 2000 - 2002.

Performer, Bhoorang dance company, Bengaluru. 2002-2003

Movement Therapist: Rehabilitation / treatment Centers, Half-way homes, hospitals, special schools & Senior citizens home Bengaluru, Pune 1989 - 2002.

Movement Therapist offering individual sessions in Dance Movement Therapy at Sahayog Centre Bangalore/Hyderabad/Delhi 1990 onwards.

Founder-Director, 'Rainbow Inc for Art therapies' - Hyderabad, Bengaluru & Pune. 2006.

Visiting Faculty (Dance Pedagogy), Sarojini Naidu School of Performing Arts, Central University Hyderabad, 2005-2006

Choreographer / Teacher / Performer & Projects Coordinator. Bhoomika Creative Dance center, Delhi. 2008-2014

Teaching faculty of FECAT (Foundation of Expressive/Creative Arts Therapies) program, SMART, Bengaluru. 2012-2018



Co-founder/Program Director - Creative Movement Therapy Association of India, 2014 onwards

Honorary Life-time member, Indian association for Dance Movement Therapy, 2018 onwards

Honorary member, Global Health and Wellness Committee, Della Leaders club 2021 onwards

Teaching faculty, Movement Therapy for 'Dance Therapy, Open Elective', Psychology Department, Christ University, Bengaluru 2014-2018 / New Delhi 2022

Associate Project Director for Dance-in-Education, ART ED project, Prestige Group, Bengaluru 2018-2019.

Teaching faculty, PG Diploma program in Dance Movement Therapy, Artsphere/TATC/Pune University, 2018-2024

Teaching faculty on CMTAI's Certificate courses: Dance Movement Therapy / Laban Movement Analysis and Therapeutic Dance in Education, Delhi & Bengaluru 2013 onwards.

Teaching faculty: Shaimak Davar's diploma program in dance, Mumbai, 2007-2008

Teaching faculty: Sumeet Nagdev dance company's certificate program in dance, Mumbai, 2008-2010

Teaching faculty: Movement Therapy - Diploma course in Dance and Mixed Media, Attakkalari, Bengaluru, 2007 onwards

Teaching faculty: Movement Therapy - P.G Diploma course in Music Therapy, Ashwaas Music Therapy & Wellness. Delhi, 2005 onwards.

Visiting Faculty for M.A in Contemporary dance performance practices, Ambedkar University. Delhi. 2018

Supervisor for Students of CMTAI certificate course: Dance Movement Therapy, 2016 onwards

Teaching faculty on YourDost Academy, Bangalore. 2020 onwards.

Teaching faculty, Dept of Psychology, Ashoka University. Delhi. 2018-2021

Visiting Lecturer, DMT at M.A / PG Diploma courses in Expressive Movement Therapy, Pune University & Sancheti Healthcare Academy, Pune. 2021 onwards.

Adjunct Professor, Department of Performing Arts, World University of Design, Delhi, 2022 onwards.

Faculty, Certificate course on Indian Contemplative Traditions through Expressive Arts Therapies, SoulSphere and St.Mira College, Pune 2023 onwards

Advisory board member – 'In for the Cause' NGO (Awareness for inclusion foundation), Delhi 2018 onwards.

Co-founded Soulsphere Sangha, Artsphere, Pune, 2020

## **AWARDED:**

Scholarship of Hancock Center for Creative Arts Therapies: Study of Dance / Movement Therapy: 1988-89. Wisconsin, U.S.A.

Ashoka International Fellowship: Research and Training in Indian Dance Therapy. 1992-94.

Junior Fellowship: Research / training in Mayurbhanj Chau. Ministry of Culture, India. 1995-97.

International Choreographers Residency scholarship, American Dance Festival, U.S.A, 1997

Ashoka Fellow Exchange Travel Grant: Cross-art collaboration with Veronica Olson (Visual Artist) Argentina. 2004.

Research Fellowship: 'Therapeutic potentials in Indian dance forms'. Sangeet Natak Academy, India. 2004-2006

Senior fellowship for Dance: Ministry of Culture, Government of India, Delhi, 2012-2014.

Creative Arts Therapies Award (life time achievement award) for Dance Movement Therapy, Sancheti Healthcare Academy, Pune 2023

International Lady Legend Award (In the Field of Art) - Saksham Society, Rajasthan 2024

## **LECTURE-DEMONSTRATIONS: DANCE & DANCE THERAPY**

'Bharatanatyam' - State street center, Wisconsin, U.S.A. 1988

'Dance: Traditional and modern' Prasiddha foundation – Bangalore. 1989.

'Role of Dance in Indian Society' – organized by International Women's Association @ Alliance Francaise – Chennai, 2004

'Creative Dance' Ashoka's Open Space Technology event, Pune 2000

'My journey in Dance' - Rangakarmee – Calcutta, 2000

'Dance Therapy' Drama Dept, Madurai Kamraj University, Madurai, 2005

'Sambhav' Seminar on performing arts for special needs' Alpana, India International Center, Delhi –2007,

'Dance/Movement Therapy' - Nupura Festival – Bangalore. 1991,

'Creative Dance as Therapy' Rasika Academy of Performing Arts – Bengaluru, 2005

'Creative Movement Therapy' – International Ancient Arts Festival and Symposium - ICCR, Delhi –2010

'Personal visions of Contemporary Dance' - Vivisection: Graey Dance Festival – Singapore, 2010

'Creative Body Expression' – TED x talk @ Jansons business school, Coimbatore, 2018.

'Dance Movement Therapy – TEDx talk @ MMCOE, Pune, 2020

Participatory lecture demonstration on 'Movement Therapy': Kalakshetra Alumni Association meeting, Triveni Kala Sangam, Delhi, 2019

Lecture Demonstration on Dance Therapy for Vriddhi Festival, Triveni Kala Sangam, Delhi. 2022

## **WORKSHOPS / CONSULTANCIES & COURSES:**

Conducted contemporary/creative dance classes, workshops and training programs for children and young adults in several schools in Bangalore 1989 onwards.

Resource person for Dance Therapy at Seminars on child sexual abuse organized by SAKSHI, New Delhi, 1994.

Conducted several training programs on Creative Dance Therapy for special educators, therapists, social workers & teachers in an All India Project, 1992 onwards.

Resource person for dance at seminars & Conferences on Creativity, Art Education, Art Therapies, Newspaper-in-Education, Dance Theatre & Art Residencies, 1989 onwards.

Resource person for training program 'Dance Therapy for Dancers' organized by RASA, Chennai, (1992-94) & NGO's 'Sanlaap' and 'Sanved' in Kolkata (2000-2007).

Organized Summer Contemporary Dance School at Alliance Francaise de Bangalore, 1996.

'Movement in Theatre' workshops conducted for students in Rangayana (Mysore), Ninasam (Karnataka) and National School of Drama (Delhi) 1995-2010.

Resource person of World Center for creative Learning (Pune) to combine dance, music and drama therapies with mentally ill adults and volunteers 2003-2004

Resource person to train Shamaik Davar Dance company and diploma students in movement therapy to work with HIV aids affected children. Mumbai / Delhi 2003 onwards.

Conducted three day Dance / Psychotherapy workshops 'My body, my wisdom in collaboration with Shanta Kumar (Psychotherapist) in Bangalore, Madanapalli and Mumbai 2003 - 2009.

Conducted workshops on Mayurbhanj Chau for various dance groups including Nritya Nrutya, Bangalore in 2005.

Conducted workshop 'Self-Discovery through Creative Drama / Dance' in collaboration with Mahnoor Yar Khan (Drama therapist), Hyderabad in 2005.

Mentored 'Dance in education' training sessions for Kalai kavri (Trichy) dancers in primary and secondary schools in London / other cities in England. 2006.

Resource person for choreography @ Tim Supple's theatre audition / training workshop for actors at Mumbai, 2006

Conducted workshop on 'Creative Dance Therapy' in Kathmandu (2008) and Colombo (2009).

Resource person for developing a manual on Dance-in-education, National Institute of Open learning, Delhi, 2009-2010.

Panel for selection of emerging choreographers for 'Gati Summer Residency', Delhi, 2010

Resource person for creative dance, for 'I-Discoveri' project in Kandalama, Sri Lanka, 2010.

Workshop on Dance Therapy, Goethe Institute, Gati forum, Delhi 2009

Workshop on Dance Therapy, Global Arts Village, Delhi, 2008

Workshop on Dance Therapy Government Arts College, Imphal, 2010,

Workshop on Dance Therapy for Faculty Development program, Christ Univeristy, Bangalore, 2014

Workshop on Creative Dance, Avishkar, Kandabari, Himachal Pradesh, 2017

Lecture demonstration on therapeutic dance, Piramal foundation, Delhi, 2019

Workshop on dance therapy, Asha Special needs School, Delhi, 2018,

Dance Therapy sessions at Place of Safety for Juvenile inmates, YuvaShakti Project, Delhi, 2018

Dance Therapy Workshop at Rhythmosaic, Kolkata, 2018,

Workshop on Creative Dance Therapy at EKKA Healers (India), Mumbai. May 2017,

Workshop on Creative dance for Fashion study students, Indian Institute of Art & Design, Delhi, 2019/2020/2021

Workshop on therapeutic dance at Start-up / CII, Delhi, 2018.

Workshop on dance therapy at art gallery, Serendipity Arts Festival, Goa, 2017

Workshop on dance therapy for self-care, Un-bottle Emotions, Delhi 2020/2021

Demonstration of dance therapy, Catalyst2030, Amsterdam 2021

Panelist for Council of Dance-CID Unesco global meeting, France, 2021

Lecture Demonstration for Antioxidant Society International Conference, Kolkata, 2020

Workshop on dance therapy for trainers, Thought foundation, Kolkata, 2020

Workshop on dance therapy, 'Health O Mind', (online)2021-21

Delhi university students union with Cancer patients (online workshop) 2021

Dance therapy online workshop for Research Centre for Drama Therapy, Sri Lanka, 2021

Workshop on dance movement therapy for Kinsugi Dance Society (online) & Baithak program at Ashoka University, Sonipat. 2022.

Dance therapy Workshop on Sea & Sand, Taneerbhavi Beach, Mangalore, 2020

Dance as therapy workshop at Jairangam online theatre Festival, Jaipur, 2021

Panelist on dance therapy at Aaina International conference, Bhubaneshwar, 2020

Birla School, Delhi, 2019. Dance Therapy workshop for students of 7,8,9<sup>th</sup> grades.

Lecture demonstration at CID UNESCO, Dance Therapy online conference. 2022

Workshop on self care through dance therapy Unbottle Emotions, Delhi 2022

Dance in education workshop for teachers at Delhi Public School, Greater Noida and Rohini, Delhi 2022

Workshop on dance therapy for Mentoria (online) careers counselling. 2022

Session on dance therapy for the elderly, Parkside Retirement home, Devanhalli, Bengaluru. 2023

Dance Therapy open workshop at Lets's groove Studio, Myndkare. 2023

Workshop on dance therapy at International Conference on Behavioral Science by Rajgir College of Social Sciences. 2023

Therapeutic dance workshop at Conscious Women's Summit (virtual) by Shenomics, 2023

Cross Art Workshop using dance and visual art in collaboration with Lina Petra. Goa 2023

Dance Therapy session at Press Psych Paluza, IILM University, New Delhi 2023

Workshop: Co-facilitated Mindfulness to Body Fulness by Soulsphere Sangha (Online) 2023

Session on Creative Movement for 'Great place to work' Health and Wellness conference, Mumbai 2023

Facilitated therapeutic dance for Eka Educational and Charitable trust, Bengaluru. 2023

Therapeutic dance workshop for students of Daulat Ram College, Delhi University 2023

Resource person: Arts for Well being (paricharcha)online by NCERT. Delhi 2023

Resource person: Participatory Lecture demonstration on dance movement therapy in Mental health week. Kamala Nehru College (Delhi University). Delhi 2023

Facilitated Body Wisdom through dance therapy with Vietnam group of Educators organized by Swaraj University, Delhi 2023

Facilitated dance therapy 'Nadotsava, Nrityotsava' (online) for Vedic University, Bengaluru. 2023

Resource person for dance therapy workshop, online, Mental Sukoon project for Youth, 2020

Showers of Compassion Project, Virtual Creative Movement sessions between June and August 2021

Conducted Three-day workshop on 'Dance-in-Education' in collaboration with Brinda Jacob(Choreographer) at Doodle Den, Bangalore, 2010

Resource person for 'Creative Expression through Body language' for corporate companies: Linked In, Colt Technologies, HCL, HAL, American Express, Bosch, NIIT, Rio Tinto, Cushman Wakefield, Infosys, KPMG and others from 2001 onwards.

Co-conceived, co-organized and facilitated at CMTAI's 'Creative Exchange Retreat for Arts Therapists' at Goa, Kochi and Udaipur since 2015 onwards.

Co-conceived, co-organized and facilitated at CMTAI's International conference on Dance and Movement Therapy in Bengaluru, Delhi, Mumbai and Pune 2015 onwards.

Co-created dance workshops for Neuro-Linguistic programming sessions in collaboration with Shinota Consulting, Bengaluru, since 2014 onwards

Resource person for dance therapy at Expressive Arts Therapies Conference, Women's Christian College, Chennai, 2018/2019

Conceived and facilitated workshop at Creative Arts Therapies Festival, Meeraqui studio, Bengaluru, 2018

Conceived and facilitated sessions at SAMHATI, Remedial Dance & Movement training program, / Therapeutic Dance in Education, Bengaluru / Delhi and online, 2017 onwards

Resource person for Dance Movement Therapy at conferences 'New Trends in Psychotherapy', AIIMS Hospital / FORTIS hospitals Delhi 2017-18 and NIMHANS, Bengaluru 2017-18

Resource person for Therapeutic Dance in Education workshop, Helen O'Grady International school, Coimbatore and Khula Aasman NGO, Mumbai 2017-18, Mothers International School, Delhi, 2019, Birla Vidhyaniketan, Delhi, 2019, Keystone International School, Hyderabad, 2021

Resource person for Muktha Foundation (Prevention of Interpersonal abuse / Promotion of mental health projects) Bengaluru, 2015-2018

Conceived SAMILANAA, an Arts Festival for children with special needs, Bengaluru 2018.

Facilitated creative movement and dance workshops for women's groups organized by Mindfully Sorted in Goa, Bengaluru, Rishikesh, Chikmagalur and Jim Corbett 2022 onwards.

Facilitated Creative Movement Therapy at the virtual Creative Arts Therapies Festival, Zorba the Buddha, 2020/2021.

Facilitated Creative Movement Therapy at virtual workshop for Well being Centre, Chennai, 2021

Facilitated Creative movement workshops for Employee Engagement Programs by Power 8 Company, Mumbai 2020 onwards

Resource person for Movement Therapy at Online Coscos Psychology Internship program, Delhi 2021

Resource person for Start up's online Accelerator program for Ashoka Fellows, Delhi 2021

Panelist on Dance In Education for International Council for School Leadership, Online program, Mumbai, 2021

Barefoot-CMTAI project on Creative Movement Therapy (online) for Covid Survivors/Warriors, 2021.

Facilitated workshop "Therapeutic Potential in Indian Dances" for CCADTA and Sahapedia, 2021

Co-facilitated workshop 'Buddhist Psychology intersects with Dance Movement Therapy', CMTAI conference 2020, ADTA conference 2021, Soulsphere 2021, International Expressive Arts Therapies Association 2022.

Co-facilitated workshop 'Chakra System and Dance Movement Therapy' at Soulsphere, Pune, 2021

Co-Facilitated session: Chakra Awareness through Dance Movement Therapy for International Association for Creative Arts in Education & Therapy (Webinar series) 2023

Facilitated Dance in Education online workshop for CMTAI-The Creative Arts Academy, Kolkata 2021

Facilitated dance movement therapy workshop at Aesthetica, international conference organized by Performing arts department, Christ University, Bengaluru 2020.

Facilitated dance therapy workshops for students of Psychology Dept (Christ University, Delhi). 2019 onwards.

Mindfulness Through Movement' @ Unbottle Emotions in their Summer training online program. Delhi. 2021

Tripura Kashyap & Anubha Doshi's workshop 'Buddhist Psychology intersects with Dance Movement Therapy' @ American Dance Therapy Association's Conference. 2021

Facilitated Dance Movement Therapy session for International conference of International Association of Professional Supervisors, 2022. (Online)

Facilitated Dance therapy session at Body Wisdom community colloquium at Swaraj University, Udaipur. 2022

Facilitated Creative dance and movement sessions online for Sanjeevni Mental Health Centre, Delhi. 2022

Facilitated online Movement Therapy Lecture Demonstration for Wise Initiative of Arts for health and wellbeing 2022

Speaker on Creative Movement Therapy at an International webinar - session on 'Art to Rescue' organized by Dept of Physiology, Lady Hardinge Medical College, Delhi.

Co-facilitated dance therapy session as part of cross art session at 'Imagining Windmills' Ecarte International conference on Creative Arts Therapies, Spain 2023

Facilitated session on Creative Movement Therapy for an RCI accredited CRE webinar organized by National Trust for the Handicapped (Delhi) 2023

Facilitated Dance Movement Therapy workshop for Wise Productions, Sopporo, Japan. 2022

Facilitated session on 'Therapeutic Values in Indian dance' and was speaker on International Panel at the Korean Dance Therapy Association International Conference in Seoul, Korea 2023

Facilitated Dance Movement Therapy for Anveshan Performing arts festival, World University of Design, Triveni Kala Sangam. 2023

Facilitated Creative Movement Therapy at the national conference: Pradhan Mantri Fasal Bima Yojana, Mayfair Resort, Raipur 2023

Co-facilitated session on 'Therapeutic Dance' at Piramal School of Leadership's Compassionate leadership in Healthcare training program. Jhunjhunu, Rajasthan. 2023

Creative Dance Session at Swaraj University's 'Unconference' at Churu, Rajasthan. 2023

Presented Therapeutic Dance in Education at Arts in Education curriculum seminar, Azim Premji University, Bengaluru. 2023

Co-facilitated dance therapy session at Kolkata Sanved 4<sup>th</sup> Biennial global Summit, Jaipur 2023

Resource person for Wellness Webinar, By Happiest Health, 2023

Panelist at the online/onsite Hamwe Festival, Kigali, Rwanda, with the theme "Pandemics, Confinement, and Social Changes" 2023

Creative Movement Therapy at Museum of Solutions, Tata institute of Social Sciences and Thane Mental Hospital organized by Tarasha (TISS), Mumbai. 2024

Workshop on Dance Movement Therapy for students of the performing arts department, World University of Design, Sonapat. 2024

Resource person for book discussion on 'Healing powers of Indian classical Dances', India International Centre, New Delhi. 2024

Resource person for lecture on dance therapy at Career Fair and Movement ritual for entire audience at Mental Health Festival, AIIMS, organized by Mental Health Foundation of India, New Delhi 2024

Facilitated therapeutic dance in education for Praanah training course on Expressive Arts therapies intensive, Belgaum. 2024

Participated in Panel Discussion on 'Being Seen & heard' Art show at Arpana fine Art Gallery, Delhi. 2024



## **PUBLICATIONS: ARTICLES BOOKS & RESEARCH PAPERS**

Written articles and published interviews on Dance & Choreography, Dance-in-Education, & Movement therapy in Deccan Herald & Times of India, Bangalore. 1990-97.

Written reviews on Dance, Music & Theatre for Deccan Herald, Times of India & Udayavani, Bangalore 1990 onwards.

Written articles on Dance for journals / magazines published by Art & rehabilitation centers in India and abroad. Since 1988.

Written article 'Movement-based self-care techniques for Therapists & Trainers': Souvenir for 3<sup>rd</sup> Annual International Conference, Womens' Christian College, Chennai 2019

Co-conceived CMTAI's E-magazine on dance movement therapy in collaboration with Artsphere, Pune, 2016 onwards.

Authored handbook 'Dance Therapy for Therapists and Special Educators', published by KPMRC, Bangalore. 1995. Second edition 2003.

Authored 'My body, my wisdom' on Creative Dance Therapy for Penguin publications, May 2005.

Authored 'Contemporary Dance – Practices, Paradigms and Practitioners', AAYU publications, June 2018

Authored chapter 'Tele-CMT for children and adolescents with special needs': for Artability – Creative Arts & disabilities edited by Ramamoorthy & Supraja 2021

Co-authored chapter 'Samagama' – 'Dialogues on the Development of Professional Creative Arts Therapy Practice, Research & Training from India' with Oihika Chakrabarti, Maitri Gopalakrishna & Nina Cherla in book: "Imagining Windmills" by Routledge. 2023

Co-authored research paper 'Dance and Movement Therapy in a Mental health rehabilitation centre in South India' with Janavi Anantapadmanabhan & Aruna Rose Mary Kapanee, Indian Journal of Mental Health, 2017

Co-authored research paper with Shristi Gupta and Dr. Madhaviatha Maganti 'Movement as Healing: Exploring the impact of CMT in an Indian Context', Ashoka University, Sonipat. 2017

Co-authored research paper with Neha Christopher (Dance therapist) 'Dance Movement Therapy in the times of COVID-19': Journal of Liberal Arts & Sciences, ManavRachna faculty of behavioural and social sciences, 2021

Co-authored research paper with Anubha Doshi 'Buddhist Psychology intersects with Dance Movement Therapy': American Journal of Dance Movement Therapy & Inspirees Creative Arts Education & Therapies, China. 2021

Co-authored research paper 'Chakra Awareness through Dance Movement Therapy' Inspirees Creative Arts and Education in Therapy Journal, 2023

## **COLLABORATIONS:**

Acted in 'Creature Winds' a life size puppet-theatre directed by Renee miller, Wisconsin, U.S.A. 1988

'Anguish', a solo in collaboration with visual artist C.F. John in "The silence of furies and sorrows". Art exhibition @ Venkatappa art gallery, Bangalore 1995.

Filmed in 'Stree Srushti' docu-profile on film of six women artistes of Karnataka by Kavita lankesh (Film maker) 1998. Bangalore

Performed in a Dance-Video 'Evening' of Film maker Navrose Contractor, Bangalore. 1999. Performed

'Just a Treffen', dance-duet with Henrietta Horn (German choreographer) Bangalore, 1999

Choreographed & performed 'Theatre of Life' in Collaboration with artist S.G. Vasudev, Bangalore, 2000

Choreographed a site-specific dance in collaboration with C.F. John (artist) for an open air art installation 'Territory', by Gallery Sumukha, Bangalore, 1999.

Performed 'Facing the wall' and 'Blue memories' dance solos for Art installations of Smita Carriappa, a visual artist at Gallery Sumukha, Bangalore, 2004 / 2005

Performed in Performance Photography: 'Native women of south-India' by Pushpamala. N and Claire Arni. March 2004, Bangalore

Performed in film 'Tripura' made by Neha Sharma (filmmaker) Chennai, 2003.

Performed a duet 'Forgetful Pauses' with Nakula Somanna (Dancer) in Dance-Video by Bharat Sharma. Bangalore. 2002.

Performed Five Site-specific dances in collaboration with 5 visual artists @ 'Teertha Artists international', Colombo, Sri Lanka, 2001.

Choreographed and performed 'Walls of Memories' site-specific dance & Art project in a Dry Well - Collaborated with Visual artist (C.F John) and photographer (T.M Azis) at Visthar, Bangalore. 2003.

Performed 'Quilted' a solo at an art event - collaborated with C.F. John and T. M Azis, Sumukha Gallery, Bangalore, 2003.

Choreographed 'WOMAN' and 'Dancing with Dappu' for 'Chindu' Dalit theatre group, Hyderabad October 2004.

Choreographed movement for theatre play 'In the hour of God' directed by Konarak Reddy (Musician). 2004

Choreographed movement for 'Smashana Kurukshetra' play produced by Kadambari, Bangalore. December 2004

Choreographed 'Flight of freedom' for Natyanjali group (visually impaired dancers). Performed at Ability Foundation National awards function. Chennai. January 2005.

Choreographed dance for theatre production 'One day in the life of India' directed by Deepthi Sudhindra (designer). Bangalore. February 2005

Choreographed 'Earth, Wind and Fire' (Mayurbhanj chhau) for martial artist (Dil Sagar), contemporary dancer (Nakula Somana) and cinematic dancer (Satish) March 2005.

Co-Choreographed 'Woman River' a dance-theatre production with Deepti Gupta (Dancer) and Keertana Kumar (Actor) based on Poetry by Ujwala Samarth. 2009.

### **(SELECT) CHOREOGRAPHIES:**

Traditional Dance-Dramas for All India Radio Cultural Festival, Bangalore, 1989.

'Geet Govind' & 'Dance Movements from Panchatantra' for children and young adults @ Indian Institute of World Culture. Bangalore. 1988.

'Aranya Kiran': performed / choreographed a dance theatre production in collaboration with Meenal Chaudhuri (Actor), Bangalore, 1994.

Choreographed / performed several group and solo dance Productions for Apoorva Dance Theatre Bangalore, 1994 onwards.

Choreographed / Performed 'Faim sous la chaleur' a dance production supported by Alliance Francaise and performed at the festival of France in Bangalore, 1997

Performed / Co-Choreographed 'And...after' a dance project supported by India foundation for the Arts: Collaboration with Vishwakant Singha and Jhuma Bhasak (choreographers). Bangalore, 1998.

'Trikon' Co-choreographed / performed a duet, in collaboration with Eko Supriyanto (Indonesian Choreographer) @ American Dance Festival, U.S.A, 1997.

Performed / choreographed '120 footsteps' in collaboration with S.A. Rajeevan (musician). 2000

Performed / choreographed 'Six Circumstances' a Dance theatre production based on poems of R.M. Rilke,

supported by Goethe Institute, Bangalore, 2002.

Choreographed / Performed 'Short Story' - Solo production as tribute to late Ranjabati Sircar(choreographer) with Production grant from Ministry of Culture, India. 2004.

Co-Choreographed / Performed 'Tables, Chairs & Conversations' – site-specific duet with Rajyashree Ramamurthy (choreographer) @ Mars 22/11 pub, Bangalore, 2005

Choreographed 'Squiggles' site-specific group dance interfaced with architecture for film directed by Oliver Hussain (Frankfurt based filmmaker) in Hyderabad. 2005.

Choreographed 'Kuch Kshan Kuch Pal' 'Fragments' and 'Festive Drums' with Bhoomika dancers, Delhi. 2008.

**(SELECT) PERFORMANCES:**

Solo Performances. Indian cultural association, Nigeria, West Africa. 1980-84

Performed in Dance-Dramas, Kalakshetra, Chennai & Tour of China organized by Indian Council for Cultural Relations 1983-84.

Performed in Chandralekha Dance Company tours. India, Russia and Europe. 1984-92.

Solo Performance. 'Dancing Through Winter Festival' Madison, Wisconsin, U.S.A, 1988.

Participated and choreographed dances for Apoorva Dance Theater. Performed in festivals / Art events / conferences in Mumbai, Delhi, Chennai, Bangalore, Cochin, Trivandrum, Ahmedabad, Kolkata & Coimbatore, 1994 – 2000.

Performed in Editta Braun Dance Company Performances in Austria, Germany & Luxembourg with production titled 'India' in 1998.

Performed an Evening of Contemporary Solos – Godrej Dance Academy (National Center for Performing Arts) – Mumbai, 2000.

Performed in group and solo 'Chaali - Highway performance circuit' toured through 25 villages / cities / towns in Karnataka, Andhra, Kerala, Tamil Nadu and Goa. 2001.

Performed Solos / Duets @ festivals of contemporary dance organized by Attakkalari in Thiruvananthapuram, Kochi & Bengaluru. 1999, 2004, 2005

Performed in Bhoorang dance company (Bengaluru) throughout Karnataka, Goa, Tamil Nadu, Kerala and Andhra Pradesh. Chaali highway performance circuit. 2002

Performed solo titled 'Space in between' @ Barefoot Gallery, Colombo in 2001.

Performed an evening of solos titled 'Confluences' for Women's March by Max Mueller Bhavan, Hyderabad. 2008.

Performed duet 'Woman River' in 'Forever Young Wine Festival' @ 'Friends & Baccus' Bengaluru/ Bhoomika studio event series, Delhi. 2010.

Solo Performances @ 'Kul Varnika', Desh Parv Festival of performing arts, Sangeet Natak Academy, Delhi, 2010.

Performed @ Substation in 'Graey Festival', Singapore, 2010.

Performed @ exhibition of Palestine curated by Mahnoor Yar Khan (Drama Therapist) in Bengaluru / Chennai, 2016

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